



friendship  
community church

Book of Luke Series

Luke 6:1-11

Week of April 28-May 4, 2019

Even though the “official” 45 Days of Faithfulness have come to an end, ask if there are continuing stories of how God is working through group members’ lives.

*“On a Sabbath, while he was going through the grain fields, his disciples plucked and ate some heads of grain, rubbing them in their hands. But some of the Pharisees said, “Why are you doing what is not lawful to do on the Sabbath?” And Jesus answered them, “Have you not read what David did when he was hungry, he and those who were with him: how he entered the house of God and took and ate the bread of the Presence, which is not lawful for any but the priests to eat, and also gave it to those with him?” And he said to them, “The Son of Man is lord of the Sabbath.””*

Luke 6:1-5 ESV

### **Point 1 - Gluten intolerance**

Sabbath - the root word means “to cease”

Interestingly enough, what God asks us to do, He has already modeled. Read Genesis 2:3 - God ceases from the work of creation.

In Exodus 20:8-11, the mosaic law defines what to rest from. And as is per custom of the Pharisees, they took the law and put their own spin on it.

The disciples pick some grain and “work” to clean some of the heads of grain. (Actually sojourners/travelers were allowed to pick a few heads of grain and sustain themselves without it breaking the law according to the Mosaic law. Deuteronomy 3)

Jesus gets questioned by the Pharisees - His answer goes back to David and when he ate the Bread of Presence - special bread only for the priests – Just like Jesus to answer questions by referencing Scripture and what the Pharisees were “supposed to know.”

The Pharisees had the wrong interpretation of this law. Jesus had the truth on this issue.

### **Very important truth - Base your interpretation on how Jesus interpreted Scripture.**

The Son of Man is lord of the Sabbath. - incredibly bold claim of Jesus and he calls out this error of the Pharisees. Jesus is referring to Himself as the cessation from striving in life. Rest in Him.

Jesus does some things on the Sabbath to show that the ritual never equals or outdoes Him.

### **Point 2 - Give the Man a Hand**

*“On another Sabbath, he entered the synagogue and was teaching, and a man was there whose right hand was withered. And the scribes and the Pharisees watched him, to see whether he would heal on the Sabbath, so that they might find a reason to accuse him. But he knew their thoughts, and he said to the man with the withered hand, “Come and stand here.” And he rose and stood there. And Jesus said to them, “I ask you, is it lawful on the Sabbath to do good or to do harm, to save life or to destroy it?” And after looking around at them all he said to him, “Stretch out your hand.” And he did so, and his hand was restored. But they were filled with fury and discussed with one another what they might do to Jesus.”- Luke 6:6-11 ESV*

A withered hand is restored on the Sabbath. Once again, Jesus proves that He is more important than the ritual. Jesus puts the emphasis on life over ritual. People are always more important than the program. By that, Jesus confirms that He came to redeem people, not the manmade rituals. Jesus flips the trap with the question He asks.

Ask, How can we miss the blessings of Jesus in others' lives? Has God ever brought about healing in someone's life in a way other than what you thought He should? Or even blessed or brought healing to someone you thought was not "worthy" of that blessing/healing? (How we respond reveals areas of growth we might need.)

Jesus has the power to heal physically and spiritually. Do you still believe that Jesus heals today? Sometimes He chooses to heal differently than we think He should too.

Let's explore withering. Sometimes it is our deed and sometimes it just happens.

Spiritual withering - Weaknesses, shriveling, drying out

We can make choices that wither us – these things can become idolatry in our lives.

How do you answer this . . . I can never live without \_\_\_\_\_.

However we answer that is a withering in our life. We believe this thing/person is more important than God.

Anxiety and worry are the biggest "witherers" in our lives. Learning to rest in Him and cease striving requires trust in Him. He is the sabbath. He is the rest from the cares and anxieties in life.

What are some things you run to in anxiety? These are things that are numbing agents in our lives.

Rest in the Lord of the Sabbath

*Philippians 4:6 ESV "do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God."*

Take time to share prayer requests and pray together.